



AUTUMN WELLNESS OFFERS

Urban Escape Rejuvenating Facial

30min **\$50** (normally valued at \$80)

_____ or _____

Urban Escape Balancing Body Massage

45min **\$60** (normally valued at \$100)

Offer valid from 1st April – End May

CALL 0432 214 851 CHANOYU URBAN
RETREAT TO BOOK NOW OR BOOK ONLINE
WWW.CHANOYUSPA.COM.AU

This offer not valid with any other offers. If you refer 2 friends you will receive a free \$30 voucher to go towards your next treatment.

AUTUMN WELLNESS AT CHANOYU URBAN RETREAT

With the shift in seasons from summer to autumn, comes natural change in our body, mood and overall health. In Eastern Medicine, Autumn is regarded as a time to pull our energy inward to prepare for winter. When we are in tune with our body and how the seasons affect us, adjusting our lifestyle will support our wellbeing on many levels.

At Chanoyu Urban Retreat let us support you with your wellness goals this Autumn.

Time poor or haven't had a facial before?

Rejuvenating Precious Facial – 30 minutes

Pushed for time then this 30-minute quick escape facial including exfoliation, booster treatment, mask and massage is an introduction to skin perfection. This blissfully relaxing treatment will introduce you to the pleasures of the professional range of Germaine De Capuccini products.

For your best Autumn Body & Mind:

Harmony Massage

60 minutes - \$130

90 minutes - \$150

This treatment combines the therapeutic elements of herbal therapy with hot oil massage to effectively relax tight muscles, improve wellbeing and achieve deep relaxation. Choose from a selection of three different blends, each blend is professionally handcrafted and formulated by a naturopath using organic herbs and essential oils.